

# Douglas County Community Mental Health Center



*Administrative Staff*  
(402) 444-7449

## *accreditation/certification*

The Douglas County Community Mental Health Center is accredited by the American Osteopathic Association, certified by the Center for Medicare and Medicaid Services (CMS) as an acute psychiatric hospital, and licensed by the State of Nebraska.



**Community Mental Health Center**



Douglas County  
Community Mental Health Center  
4102 Woolworth Ave.  
Omaha, Nebraska 68105



**Community Mental Health Center**

The Douglas County Community Mental Health Center (CMHC) is a progressive psychiatric hospital providing a full range of psychiatric care for adults experiencing voluntary and involuntary treatment needs. The Community Mental Health Center is designed to provide inpatient, outpatient and partial hospitalization mental health care to adults.

The mission of the Douglas County Community Mental Health Center is to provide high quality, comprehensive mental health care to the underserved of Douglas County.

The Community Mental Health Center offers a variety of outpatient and acute psychiatric services to residents of Douglas County and Region 6. Care is provided to individuals 19 years of age or older. All Community Mental Health Center services are provided at the Douglas County Health Center located at 42nd Street and Woolworth Avenue in Omaha, Nebraska.

# *available programs:*

## *inpatient services*

There are two secure psychiatric inpatient nursing units available for care. One of the secure inpatient units (5 East) is a 22-bed unit, providing patients with 24-hour observation and therapeutic management by a psychiatric nursing staff in a structured environment. The Psychiatric Intensive Care Unit (PICU) is an 8-bed secure unit, providing a higher level of observation and treatment for patients experiencing a serious mental health crisis.

- **Social Work** – Licensed Inpatient Social Workers complete pretreatment assessments, assist with referrals to community providers, coordinate family contact, assist with discharge planning and initiating the entitlement process.
- **Recreational Therapy** – Licensed Recreational Therapists provide treatment, resources and recreational opportunities to individuals in the Inpatient and Partial Hospitalization programs. The selected activities modalities by the Recreational Therapists are utilized to treat and maintain the physical, mental and emotional well-being of the individuals served. Their programs offer opportunities to improve functioning, independence, health, and reduce the effects of the illness and/or disabilities.

## *psychiatric outpatient program*

The Psychiatric Outpatient Program is designed to provide psychiatric care to adults with severe and persistent mental illness.

The Outpatient Services treatment team consists of psychiatrists, psychologists, nurses, licensed mental health practitioners, and case managers. The outpatient clinic is open Monday through Friday, excluding holidays from 8 am through 4:30 pm. For more information, telephone 444-7930.

## *partial hospital/day treatment*

The Partial Hospital/Day Treatment Program provides short-term treatment for persons in an acute phase of their mental illness. This program provides a structured environment for persons discharged from an Inpatient Unit and also for Outpatient individuals who require stabilization and management. The goal of this program is to serve patients in the least restrictive level of care.

Hours for the Partial Hospital Program are from 8 am to 4 pm Monday through Friday, excluding holidays. For additional information telephone 444-7777.

## *mental health diversion program*

Reversing the trend of criminalization of mental illness is a key component.

This program will divert some mentally ill persons who are arrested from the traditional criminal justice system into intensive case management services designed to help them establish independent living skills, manage their mental illness and reduce their contacts with the criminal justice system.

